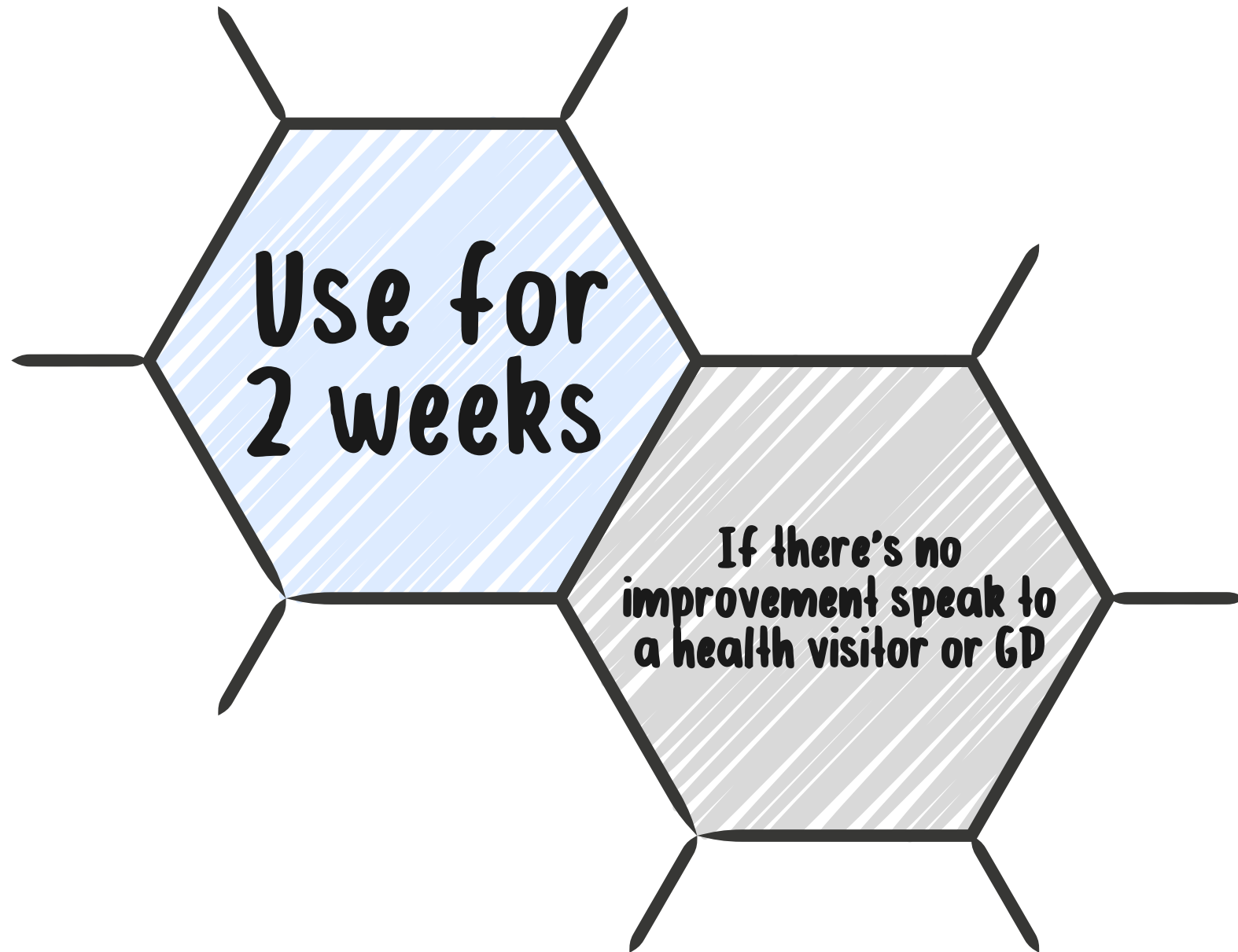


## Usage identity option 1



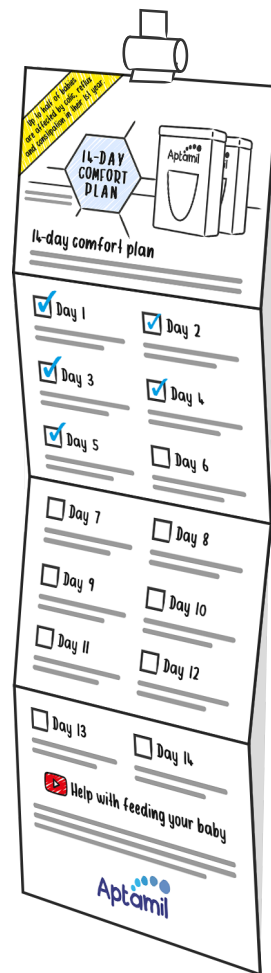
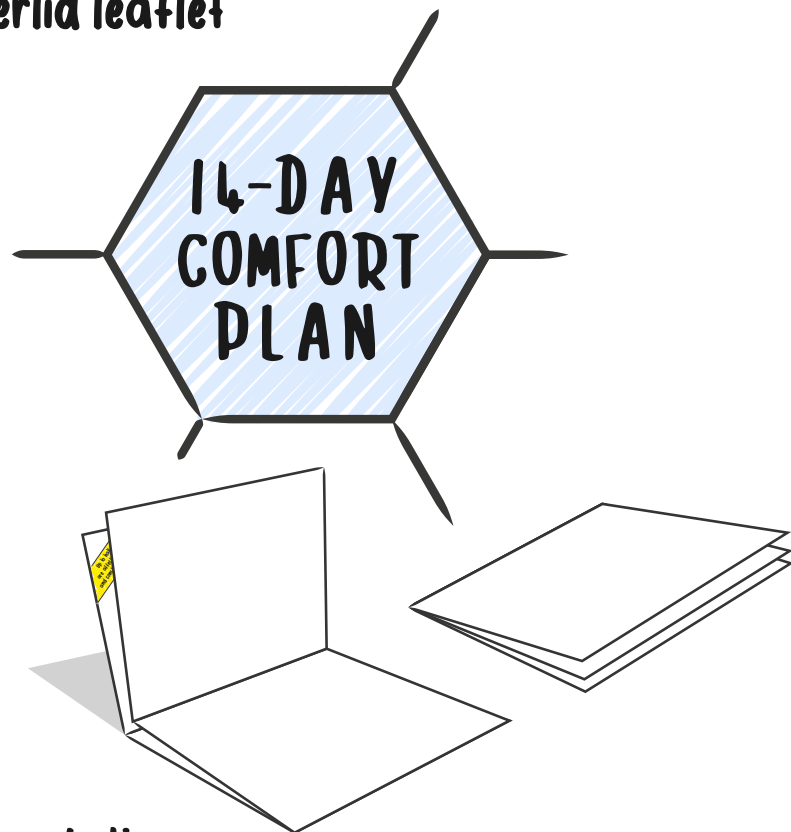
## Usage identity option 2



## Usage identity option 3 Cow and Gate



# Underlid leaflet





Up to half of babies are affected by colic, reflux and constipation in their 1st year

## 14-DAY COMFORT PLAN

14-day comfort plan

<input checked="" type="checkbox"/> Day 1	<input checked="" type="checkbox"/> Day 2
<input checked="" type="checkbox"/> Day 3	<input checked="" type="checkbox"/> Day 4
<input checked="" type="checkbox"/> Day 5	<input type="checkbox"/> Day 6
<input type="checkbox"/> Day 7	<input type="checkbox"/> Day 8
<input type="checkbox"/> Day 9	<input type="checkbox"/> Day 10
<input type="checkbox"/> Day 11	<input type="checkbox"/> Day 12
<input type="checkbox"/> Day 13	<input type="checkbox"/> Day 14

 Help with feeding your baby



## Sample tips

Day 1. Use the right teat: Aptamil Comfort has a thicker texture than other milks, so think about using a variable-flow teat, or a single-hole teat with a medium to fast flow.

Day 2. Sit your baby upright during feeds to prevent them from swallowing air

Day 3. Always wind your baby after a feed.

Day 4. Try soothing your baby with gentle rocking motions.


# Product page

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Aptamil Comfort Products • Special milks 0-12 Months



## Managing colic and constipation

Tip 1

Tip 2

Tip 3


Tip 4

Tip 5

Tip 6

Tip 7

Tip 8

 **Baby massage tips**